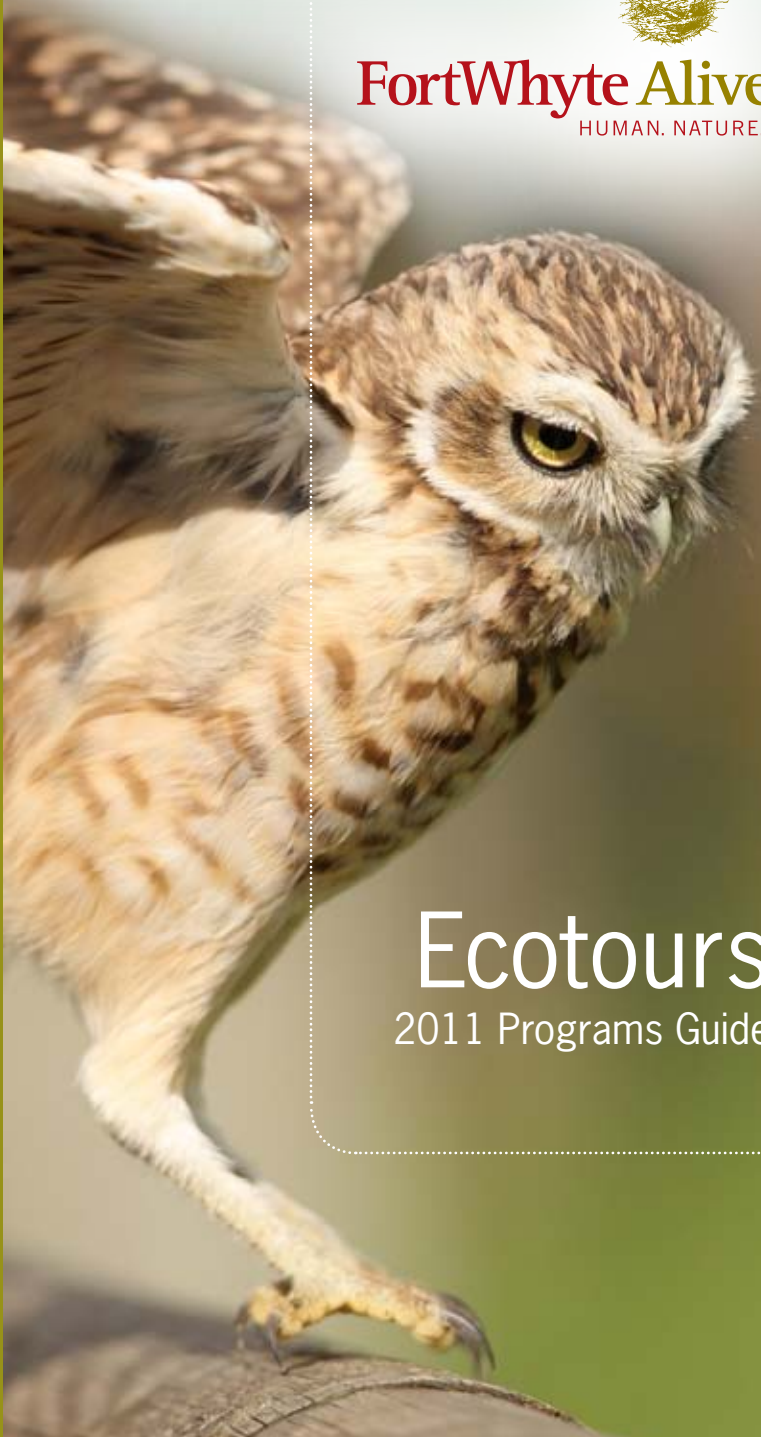




FortWhyte Alive
HUMAN. NATURE.



Ecotours

2011 Programs Guide

Adventure. Nature. Discovery.

Send your sightseers to FortWhyte Alive to enjoy nature's best nestled within the urban boundaries of Winnipeg. Inject your tour with fresh air, outdoor activity, wildlife, historical culture, and environmental education. FortWhyte Alive offers visitors 640-acres of lakes, forest, marsh, meadow and farmland with opportunities to explore and interact with nature, dine and shop. Our Ecotours are flexible and are designed to fit with your tour groups' busy itineraries. Programs are available for all seasons with alternative activity provided for inclement weather.

Enhance the Manitoba experience by bringing nature to your travel plans!

Information

www.fortwhyte.org

Lisa Turner, Tourism & Corporate Programs Coordinator

Phone: (204) 989-8358

Email: lturner@fortwhyte.org

Registration

To register for programs, please call:


Dana Forster, Visitor Services Manager

Phone: (204) 989-8353

Email: bookings@fortwhyte.org

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 Programs suitable for both fully active and mobility limited



Marc Gallant

1 Hour Programs

Bison Safari

See the 9th largest land animal in the world and hear about the bison that have shaped Manitoba history. Hop aboard the van where a knowledgeable guide will bring you up close inside the bison enclosure.

May-October

Min: 10 participants

Max: 20 participants

Farm Tour

Have you ever wondered where your food comes from and how it is grown? These questions and more will be answered as you participate in an interactive urban farm tour. Explore the four season greenhouse, organic garden and apiary. Walk away with a new respect for farming, soil, and the importance of making sustainable choices.

May-September

Min: 10 participants

Max: 45 participants

Blossoms & Blooms

Go "wild" over our wildflowers! From the small, honey-scented bedstraw to the large nodding head of the sunflower, FortWhyte is home to many native species. Learn to recognize the most beautiful wildflowers of forests and prairies.

July-August

Min: 10 participants

Max: 20 participants

World of the White Tail

Bucks, does and fawns—our forests are home to these year-round residents. Test your deer knowledge with an interactive presentation on the life cycle and habitat of the white-tailed deer.

September-November

Min: 10 participants

Max: 20 participants

1 Hour Programs cont.

Guided Walking Tour

Varied habitats of prairie, forest, lakes and marshes are yours to discover with resident deer, woodchucks, muskrats and other wild animals! A bird-watcher's delight, FortWhyte Alive counts many species of birds year round with a bonus of 120 migrants in spring. The Bison Prairie features the largest urban-based herd of plains bison in Canada. A naturalist will introduce you to the many features of this wild oasis. Indoors, you will find fascinating exhibits including the Aquarium of the Prairies, Prairie Partners exhibit, dioramas and much more. Visit the Buffalo Stone Café and the Nature Shop, both located in the Alloway Reception Centre.

Year round

Min: 10 participants

Max: 45 participants

Voyageur Canoe Ride

Take a step back in time and paddle a North West Company voyageur canoe. Located on Muir Lake, this scenic ride will inspire an appreciation for both nature and the life of a voyageur.

May–September

Min: 8 participants

Max: 25 participants



1.5 Hour Programs

Orienteering

Test your skills against FortWhyte Alive's permanent orienteering course, designed by the Manitoba Orienteering Association. Your group will be given an introduction to map reading and an overview of the sport of orienteering.

Year round

Min: 10 participants

Max: 50 participants

Snowshoe by Night

Enjoy the stillness of nature while on snowshoes under the stars. Whether you hear an owl hooting or catch the attention of sleeping deer, every hike is an exciting adventure. No snowshoeing experience necessary!

December–March

Min: 10 participants

Max: 25 participants



Snowshoe Adventure

Birds flitting from branch to branch, a deer peeking at you from behind a tree—what more could you ask for? Join a knowledgeable guide for one great snowshoe adventure. No snowshoeing experience necessary!

December–March

Min: 10 participants

Max: 25 participants

2 Hour Programs

GPS Geocaching

Challenge your group to a high-tech, geocaching treasure hunt. You and your team will be equipped with GPS units that are programmed with target coordinates, called caches. Along the way, you will encounter challenges and activities that must be completed before proceeding to the next cache.

Year round

Min: 10 participants

Max: 24 participants

Digital Scavenger Hunts

Armed with a digital camera, your group will take photos of various scavenger hunt items. This exciting activity will have your team working together, accomplishing tasks, and following clues to solve the mystery photograph.

Year round

Min: 10 participants

Max: 45 participants

Canadian Prairie Past

Take a step back to a time when the bison roamed the prairie, a time when people's connection to the natural world was a matter of survival. Visit our Pioneer Sod House built from the earth, then stop by the Bison Viewing Mound and discover the importance of this mammal to the Plains Cree. Explore the culture of the Métis, the influence they had on the fur trade, and their connection to the buffalo hunt.

Year round

Min: 10 participants

Max: 35 participants

Manitoba from the Beginning

Enjoy an interactive introduction to Inuit, Métis and First Nations cultures. Through traditional teachings and games, you will gain an enriched appreciation and understanding of their intricate connection to the natural world.

Year round

Min: 10 participants

Max: 45 participants



Canoe

Glide along a beautiful scenic lake! Learn paddling strokes, manoeuvres and boating safety; and participate in interactive activities for the whole group.

May–September

Min: 6

Max: 18

Kayak

Enjoy the thrill of powering kayaks across our lakes—an experience your group won't soon forget! Participants will learn a number of skills including how to safely enter and exit a kayak, basic strokes and manoeuvres, as well as how to care for equipment. The program will conclude with some fun activities.

May–September

Min: 6

Max: 18



2.5 Hour Program

Canoe/Kayak Sampler

The sampler is designed for the novice or for those wanting to learn the fundamentals of paddling. This popular program will help your team become familiar with basic equipment, strokes, and safety procedures for both canoeing and kayaking.

May–September

Min: 6 participants

Max: 25 participants

4 Hour Program

Winter Wonderland Adventure

Winter is not the time to hibernate, it is fun and exciting! Enjoy a winters day outside. Participate in activities such as snowshoeing, tobogganing, and Inuit and voyageur games. Experience all that winter has to offer!

December–March

Min: 10 participants

Max: 45 participants

Little Extras

Wild Tea

Cozy up to the fire while enjoying a warm cup of tea, brewed with native plants grown on site.

Year round

Min: 10 participants

Max: 45 participants

Bannock Bake

Bake your own bannock! Try this traditional flat bread, cooked over an open flame.

Year round

Min: 10 participants

Max: 45 participants

Bannock Make & Bake

Learn how to make bannock, a traditional flat bread, then cook it over an open fire.

Year round

Min: 10 participants

Max: 20 participants

Snow Taffy

Sample some *tire d'érable*, or maple taffy, a delicious French Canadian treat. Made with real maple syrup and served on fresh snow, this snack is sure to satisfy your sweet tooth!

December–March (snow conditions permitting)

Min: 10 participants

Max: 45 participants

Specialized Programs

Spring Birding & Breakfast

With a Guide

A FortWhyte must! Join experienced birding leaders for a sunrise hike as each spring morning brings new migrants. Following your hike, enjoy a delicious continental-style breakfast prepared by the Buffalo Stone Café.

End of April–June

Min: 10 participants

Max: 45 participants



Self-Guided

Come for a hike and discover new migrants that are arriving at FortWhyte. Following your hike, enjoy a delicious breakfast prepared by the Buffalo Stone Café.

End of April–June

Min: 10 participants

Max: 45 participants

Sunset Goose Flights

Enjoy migration in style with Dinner & A Show. Savour a delicious four-course meal featuring Manitoba-inspired cuisine and fresh vegetables from our own FortWhyte Farms, prepared by the award-winning Buffalo Stone Café. While enjoying your dinner you will witness an ancient migration ritual. In a breathtaking display, thousands of geese will begin landing on our lakes about a half hour after the sun dips below the horizon.

September–October

Min: 12 participants

Max: 20 participants

Groups of 20 or more must be booked by August 15th.



Marc Gallant

Group Tour Breakfast Options

Light Breakfast _____ \$5.00/person

Muffins, loaves & croissants with jams & butter

Continental Breakfast _____ \$5.50/person

Muffins, bagels, croissants & danishes with jams, butter, & cream cheese

Early Bird Special _____ \$8.99/person

Eggs, bacon, sausage & home fries with multigrain toast

Other Breakfast Options

Seasonal Fruit & Muffin Platter _____ \$4.50/person

Seasonal Fruit Platter _____ \$4.00/person

Assorted Muffin Platter _____ \$2.00/person

Organic Medium Roast Coffee _____ \$13.50 (serves 10 people)

Assorted Custom Teas _____ \$1.50/cup

Assorted Fruit Juices _____ \$2.25/bottle

Group Tour Lunch Options

Senior's Luncheon _____ \$8/person

Half a sandwich, choice of soup or salad, dessert & coffee or tea

Quick Luncheon _____ \$11.99/person

Sandwiches & soup of the day, dessert & drinks

Executive's Luncheon _____ \$14.99/person

Assorted wraps, salad & soup of the day, dessert & drinks

Bison Luncheon _____ \$14.99/person

Bison Lasagna with salad, garlic bread, dessert & drinks

(Please note: group size must be 10 or more for this option)

Manitoba Luncheon _____ \$13.99/person

Hearty Bison Ragout with bannock, dessert & drinks

Pickrel Luncheon _____ \$23.99/person

Fresh Manitoba Pickrel, wild rice pilaf, seasonal vegetables, fresh bread, Winnipeg Cheesecake & drinks



Additional Options

Bagged Lunch (to go) _____ \$7/person

Sandwich, cookie, fruit and drink

Snack (can be bagged to go)

Fruit, cookie & juice _____ \$4.25/person

Fruit, muffin & juice _____ \$5.25/person

** All prices are subject to change and 5% GST, 7% PST and 15% gratuity

How to Book Your Program

Just visit www.fortwhyte.org and review the programs available. When you have made your decision, book by calling Visitor Services Manager, Dana Forster. Tours will be reserved on a first-come, first-serve basis. Some black-out dates apply so please take note of dates available along with the program descriptions. Your group's contact name, phone number, address, number of participants and name of requested program must be provided before a space can be held.

Dana Forster, Visitor Services Manager

Phone: (204) 989-8353

Email: bookings@fortwhyte.org

Please Note: In order for us to best serve your group, please make us aware of any special details such as time constraints or group members with additional support needs prior to arriving for your program.

Cancellation Policy

We DO NOT cancel programs. We do have some alternate indoor activities to minimize outdoor time in the event of extreme weather conditions. Groups cancelling at least 14 days ahead of their program will not be charged. All groups failing to show or cancelling within 14 days will be charged 50% of the total fee.

ADDED BONUSES:

- Free bus parking
- Bus driver can participate at no charge, or enjoy a complimentary coffee in the cafe
- No fee for the Tour Guide



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