

Frightening Fiver 5K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	LYLE MOTLUK	WINNIPEG, MB	RUNNER	5139	00:20:47.33	04:09	14.4kph	M	0	
2	DAYNA GRAHAM	WINNIPEG, MB	RUNNER	564	00:20:50.54	04:10	14.4kph	F	40	
3	ALAN HOPKINS	WEST ST. PAUL, MB	RUNNER	576	00:21:42.47	04:20	13.8kph	M	56	
4	ALAIN OUIMET	STE-AGATHE, MB	RUNNER	5145	00:22:23.80	04:28	13.4kph	M	0	
5	KERRI DROSDOWECH	WINNIPEG, MB	RUNNER	548	00:23:40.98	04:44	12.7kph	F	0	
6	LUKE ROWAN	WEST VANCOUVER, BC	RUNNER	5159	00:24:13.96	04:50	12.4kph	M	25	
7	TIMOTHY GOSSELIN	NOTRE DAME DE LOURDES, MB	RUNNER	563	00:24:49.63	04:57	12.1kph	M	0	
8	JEFFREY LOMAS	WINNIPEG, MB	RUNNER	594	00:25:46.85	05:09	11.6kph	M	0	
9	COURTNEY ANDERSON	OAKBANK,	RUNNER	504	00:25:52.96	05:10	11.6kph	F	0	
10	JESSICA COURT	WINNIPEG, MB	RUNNER	534	00:26:11.02	05:14	11.5kph	F	28	
11	BREANNE ROUTLY	NIVERVILLE, MB	RUNNER	5158	00:27:05.60	05:25	11.1kph	F	0	
12	BRENT HOFFMANN	WINNIPEG, MB	RUNNER	575	00:27:28.65	05:29	10.9kph	M	0	
13	RANDI KELLOW	WINNIPEG, MB	RUNNER	584	00:27:29.92	05:29	10.9kph	F	33	
14	SARA TATE	WINNIPEG, MB	RUNNER	5174	00:27:58.15	05:35	10.7kph	F	0	
15	SARAH MEADS	WINNIPEG, MB	RUNNER	5135	00:28:01.89	05:36	10.7kph	F	0	
16	TIMA FARIA	WINNIPEG, MB	RUNNER	552	00:28:13.79	05:38	10.6kph	F	52	
17	JACLYN ANDERSON	OAKBANK, MB	RUNNER	505	00:28:21.31	05:40	10.6kph	F	0	
18	AVERY WHITE	WINNIPEG, MB	RUNNER	5182	00:28:23.86	05:40	10.6kph	F	0	
19	DEBBIE BENNETT	N/A, N/A	RUNNER	515	00:28:26.34	05:41	10.5kph	F	56	
20	KIANNA CADOGAN	WINNIPEG, MB	RUNNER	525	00:28:27.63	05:41	10.5kph	F	0	
21	KRISTEN BEAUMONT	WINNIPEG, MB	RUNNER	510	00:28:33.34	05:42	10.5kph	F	0	
22	MADISON PROCTOR	N/A, N/A	RUNNER	5150	00:28:56.42	05:47	10.4kph	F	27	
23	JESSIE STAFFORD	WINNIPEG, MB	RUNNER	5169	00:29:00.41	05:48	10.3kph	M	28	
24	AMY MACANGUS	WINNIPEG, MB	RUNNER	597	00:29:00.88	05:48	10.3kph	F	0	
25	CAROLE MURPHY	LASALLE, MB	RUNNER	5140	00:29:49.05	05:57	10.1kph	F	50	
26	AMY DOELL	WINNIPEG, MB	RUNNER	546	00:29:51.57	05:58	10.0kph	F	0	
27	SHAWN BJORNNSON	WINNIPEG, MB	RUNNER	517	00:30:15.35	06:03	9.9kph	M	56	
28	TWYLA EBERHARTER	N/A, N/A	RUNNER	551	00:30:17.50	06:03	9.9kph	F	0	
29	CARLY WALSH	WINNIPEG, MB	RUNNER	5181	00:30:41.66	06:08	9.8kph	F	38	
30	SHAYNA WIWIERSKI	WINNIPEG, MB	RUNNER	5183	00:30:46.64	06:09	9.7kph	F	0	
31	TRAVIS FROESE	WINNIPEG, MB	RUNNER	555	00:30:50.52	06:10	9.7kph	M	0	
32	TYLER KEMBALL	N/A, N/A	RUNNER	585	00:30:51.12	06:10	9.7kph	M	25	
33	WYATT KEMBALL	N/A, N/A	RUNNER	586	00:30:52.40	06:10	9.7kph	M	0	
34	SHAYNE PRYSIZNEY	WINNIPEG, MB	RUNNER	5151	00:31:14.26	06:14	9.6kph	M	0	
35	MARGO LUNDY	WINNIPEG, MB	RUNNER	596	00:31:22.44	06:16	9.6kph	F	0	
36	TEGHAN KEATS	N/A, N/A	RUNNER	583	00:31:26.91	06:17	9.5kph	F	0	
37	CORY SAMBORSKI	WINNIPEG, MB	RUNNER	5162	00:31:28.11	06:17	9.5kph	M	0	
38	LINDSAY HEMMINGER	WINNIPEG, MB	RUNNER	574	00:31:28.75	06:17	9.5kph	F	0	
39	CHRIS STRUHAN	GIMLI, MB	RUNNER	5171	00:31:36.32	06:19	9.5kph	M	0	
40	ALYSSA HEMMINGER	WINNIPEG, MB	RUNNER	573	00:32:05.05	06:25	9.4kph	F	34	
41	JESSICA GAGLIARDI	STE AGATHE, MB	RUNNER	560	00:32:12.04	06:26	9.3kph	F	0	
42	JENNIFER SCHOLCZ	WINNIPEG, MB	RUNNER	5163	00:32:14.46	06:26	9.3kph	F	43	
43	ASHLEY DAVIS	WINNIPEG, MB	RUNNER	539	00:32:24.65	06:28	9.3kph	F	38	
44	CAROLINE BARGHOUT	WINNIPEG, MB	RUNNER	508	00:32:31.39	06:30	9.2kph	F	43	
45	STACEY HARTLE	LASALLE, MB	RUNNER	571	00:32:32.75	06:30	9.2kph	F	0	
46	KYLE HARRIS	WINNIPEG, MB	RUNNER	570	00:32:36.55	06:31	9.2kph	M	0	
47	CHANTAL DHEILLY	WINNIPEG, MB	RUNNER	544	00:32:39.03	06:31	9.2kph	F	0	
48	CHRISTINE BECKER	WINNIPEG, MB	RUNNER	512	00:32:47.76	06:33	9.1kph	F	0	
49	NANCY MACANGUS	WINNIPEG, MB	RUNNER	598	00:32:50.16	06:34	9.1kph	F	0	
50	JUSTIN BORN	WINNIPEG, MB	RUNNER	519	00:32:54.00	06:34	9.1kph	M	0	
51	KRISTINE CRUZ	WINNIPEG, MB	RUNNER	537	00:32:54.08	06:34	9.1kph	F	0	
52	ARMAND BELANGER	GIMLI, MB	RUNNER	513	00:32:57.00	06:35	9.1kph	M	40	
53	SHAUNA GADIENT	WINNIPEG, MB	RUNNER	559	00:33:00.97	06:36	9.1kph	F	0	
54	KEVIN GADIENT	WINNIPEG, MB	RUNNER	558	00:33:03.43	06:36	9.1kph	M	0	
55	MELISSA SKIBINSKI	NAROL, MB	RUNNER	5167	00:33:03.53	06:36	9.1kph	F	37	
56	MELISSA DANISH	WINNIPEG, MB	RUNNER	538	00:33:03.99	06:36	9.1kph	F	35	
57	KELLY CROY	PETERSFIELD, MB	RUNNER	536	00:33:07.85	06:37	9.1kph	F	0	
58	JOANNA HOUSTON	WINNIPEG, MB	RUNNER	577	00:33:22.25	06:40	9.0kph	F	0	
59	VICKI STEVENS	WINNIPEG, MB	RUNNER	5170	00:33:22.33	06:40	9.0kph	F	63	
60	JENNA TICHON	WINNIPEG, MB	RUNNER	5175	00:33:23.69	06:40	9.0kph	F	34	
61	ARDITH BOXALL	WINNIPEG, MB	RUNNER	520	00:33:24.80	06:40	9.0kph	F	0	

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62	LINDA STUPACK	WINNIPEG, MB	RUNNER	5173	00:33:24.80	06:40	9.0kph	F	0	
63	JULIE PATON	WINNIPEG, MB	RUNNER	5147	00:33:26.06	06:41	9.0kph	F	0	
64	MICHELLE BELANGER	GIMLI, MB	RUNNER	514	00:33:26.42	06:41	9.0kph	F	0	
65	LINDSAY STRUHAN	GIMLI, MB	RUNNER	5172	00:33:27.80	06:41	9.0kph	F	37	
66	RYAN RIEGER	SANFORD, MB	RUNNER	5154	00:33:29.05	06:41	9.0kph	M	46	
67	MELANIE BROHM	WINNIPEG, MB	RUNNER	521	00:33:41.74	06:44	8.9kph	F	42	
68	AARON BROWN	WINNIPEG, MB	RUNNER	522	00:33:51.57	06:46	8.9kph	M	0	
69	DIANA KASPERION	WINNIPEG, MB	RUNNER	582	00:33:54.94	06:46	8.8kph	F	44	
70	CURTIS NEDROSKI	N/A, N/A	RUNNER	5142	00:34:04.32	06:48	8.8kph	M	0	
71	ANDREA CROISIER	N/A, N/A	RUNNER	535	00:34:04.38	06:48	8.8kph	F	0	
72	LISA ANDERSEN	N/A, N/A	RUNNER	503	00:34:37.81	06:55	8.7kph	F	50	
73	MICHAEL JASON	WINNIPEG, MB	RUNNER	578	00:34:39.77	06:55	8.7kph	M	42	
74	ZIGGY BERNARD	WINNIPEG, MB	RUNNER	516	00:34:40.41	06:56	8.7kph	M	44	
75	TYLER DOCKING	WINNIPEG, MB	RUNNER	545	00:34:49.73	06:57	8.6kph	M	0	
76	ALLIE DERWIN	WINNIPEG, MB	RUNNER	542	00:35:11.10	07:02	8.5kph	F	23	
77	KIM SMITH	WINNIPEG, MB	RUNNER	5168	00:35:12.35	07:02	8.5kph	F	0	
78	CATHERINE CARLSON	WINNIPEG, MB	RUNNER	527	00:35:13.15	07:02	8.5kph	F	57	
79	KAYLA ROSEN	WINNIPEG, MB	RUNNER	5157	00:36:00.07	07:12	8.3kph	F	0	
80	VICTORIA DE HAAN-TRAA	WINNIPEG, MB	RUNNER	540	00:36:14.29	07:14	8.3kph	F	0	
81	BREANNE DELANEY	WINNIPEG, MB	RUNNER	541	00:36:37.54	07:19	8.2kph	F	0	
82	NICOLE LEGRAS	WINNIPEG, MB	RUNNER	593	00:36:38.14	07:19	8.2kph	F	0	
83	MICHELLE WADELIUS	WINNIPEG, MB	RUNNER	5180	00:36:38.18	07:19	8.2kph	F	36	
84	KRISTIN ANNABLE	WINNIPEG, MB	RUNNER	507	00:36:43.17	07:20	8.2kph	F	34	
85	STEPHANIE COLLINS	WINNIPEG, MB	RUNNER	532	00:36:47.53	07:21	8.2kph	F	0	
86	LAURA DOUGLAS	GRANDE POINTE, MB	RUNNER	547	00:36:48.22	07:21	8.2kph	F	45	
87	CAROLYN JENKINS	WINNIPEG, MB	RUNNER	579	00:37:15.28	07:27	8.1kph	F	0	
88	SALLY MACDONALD	WINNIPEG, MB	RUNNER	599	00:37:16.44	07:27	8.0kph	F	0	
89	MORGAN ZACHARIAS	BEAUSEJOUR, MB	RUNNER	5185	00:37:39.63	07:31	8.0kph	F	0	
90	KEN PRESTON	WINNIPEG, MB	RUNNER	5149	00:37:47.85	07:33	7.9kph	M	67	
91	ERIN HALLONQUIST	WINNIPEG, MB	RUNNER	567	00:38:00.89	07:36	7.9kph	F	0	
92	BRITTANY NICOLAS	WINNIPEG, MB	RUNNER	5144	00:38:03.61	07:36	7.9kph	F	31	
93	MELISSA BEAUMONT	WINNIPEG, MB	RUNNER	511	00:38:41.59	07:44	7.8kph	F	36	
94	SHEILA FUKUMURA	WINNIPEG, MB	RUNNER	557	00:38:41.70	07:44	7.8kph	F	0	
95	MARCIA GALVIN	WINNIPEG, MB	RUNNER	561	00:38:46.04	07:45	7.7kph	F	54	
96	LIANE OUIMET	STE-AGATHE, MB	RUNNER	5146	00:39:02.42	07:48	7.7kph	F	0	
97	ELLY LE	WINNIPEG, MB	RUNNER	591	00:39:12.37	07:50	7.7kph	F	0	
98	JOSH SAFINIUK	WINNIPEG, MB	RUNNER	5161	00:39:14.97	07:50	7.6kph	M	0	
99	SERENAH PETTIGREW	WINNIPEG, MB	RUNNER	5148	00:39:38.25	07:55	7.6kph	F	0	
100	ALEXIS RITSON	WINNIPEG, MB	RUNNER	5155	00:40:08.72	08:01	7.5kph	F	0	
101	ALLISON DRUMMOND	WINNIPEG, MB	RUNNER	549	00:40:09.41	08:01	7.5kph	F	33	
102	JOANNE MCCREA	WINNIPEG, MB	RUNNER	600	00:40:18.19	08:03	7.4kph	F	0	
103	KIMBERLY KOVERZIN	WINNIPEG, MB	RUNNER	589	00:41:27.04	08:17	7.2kph	F	0	
104	CHELSEY SHEPPARD	WINNIPEG, MB	RUNNER	5166	00:41:29.69	08:17	7.2kph	F	0	
105	SHERRY KANIUGA	ST. ANDREWS, MB	RUNNER	581	00:41:41.50	08:20	7.2kph	F	0	
106	TRICIA VOCKEROTH	WINNIPEG, MB	RUNNER	5179	00:41:43.70	08:20	7.2kph	F	42	
107	MELINA VENUTO	WINNIPEG, MB	RUNNER	5178	00:42:17.22	08:27	7.1kph	F	25	
108	DEBBIE BLAIR	NIVERVILLE, MB	RUNNER	518	00:42:32.84	08:30	7.1kph	F	0	
109	RILEY GROSS	NIVERVILLE, MB	RUNNER	565	00:42:37.25	08:31	7.0kph	M	0	
110	KATRINA BEAUDIN	EAST SELKIRK, MB	RUNNER	509	00:42:44.74	08:32	7.0kph	F	27	
111	MICHELLE SETTER	STONEWALL, MB	RUNNER	5164	00:42:49.35	08:33	7.0kph	F	0	
112	KARA NACCI	WINNIPEG, MB	RUNNER	5141	00:43:01.09	08:36	7.0kph	F	45	
113	SHANNON KJEAR	STONY MOUNTAIN, MB	RUNNER	587	00:44:26.29	08:53	6.8kph	F	52	
114	SAM NEIS	WINNIPEG, MB	RUNNER	5143	00:44:35.60	08:55	6.7kph	M	0	
115	AMANDA CAPINA	WINNIPEG, MB	RUNNER	526	00:44:59.38	08:59	6.7kph	F	0	
116	ITSUKO MIYAMOTO	WINNIPEG, MB	RUNNER	5138	00:45:00.88	09:00	6.7kph	F	39	
117	DARLENE WRIGHT	WINNIPEG, MB	RUNNER	5184	00:48:14.71	09:38	6.2kph	F	0	
118	TRACEY VAN COTT	WINNIPEG, MB	RUNNER	5177	00:48:15.41	09:39	6.2kph	F	55	
119	LAURA FORREST	N/A, N/A	RUNNER	554	00:49:43.07	09:56	6.0kph	F	55	
120	KERSTIN HALLSON	WINNIPEG, MB	RUNNER	568	00:49:43.13	09:56	6.0kph	F	0	
121	DEANNA TRUDEAU	WINNIPEG, MB	RUNNER	5176	00:50:05.62	10:01	6.0kph	F	37	
122	WENDY RHYMER	WINNIPEG, MB	RUNNER	5153	00:50:11.95	10:02	6.0kph	F	0	
123	JENNIFER RANSETH	SELKIRK, MB	RUNNER	5152	00:55:55.65	11:11	5.4kph	F	38	

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124	DENISE FUDGE	WINNIPEG, MB	RUNNER	556	00:56:55.14	11:23	5.3kph	F	0	
125	ALLISON LECLERC	ST FRANCOIS XAVIER, MB	RUNNER	592	00:56:56.56	11:23	5.3kph	F	0	
126	LORI ANDERSON	SELKIRK, MB	RUNNER	506	00:56:59.76	11:23	5.3kph	F	0	