



FortWhyte Alive
HUMAN. NATURE.

Connecting humans with nature.



Life

Summer 2017
Programming Guide

JUNE

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

● Program / Event Dates ○ Holiday Hours / Closures

Summer Hours of Operation

Monday – Thursday: 9 am–8 pm

Friday – Sunday & Holidays: 9 am–5 pm

How to Register

Registration is required for FortWhyte Alive programs. Sign up by calling (204) 989-8355, or by visiting fortwhyte.org/events.

Seasonal Rentals

FREE FOR MEMBERS

(Non-Member price: \$3 per rental)

Nordic Walking Poles

Binoculars

Self-Guided Family Adventure Bags

Fishing

15% OFF FOR MEMBERS

(Non-Member prices as listed)

Little Buggies: \$5 for 1 hour, \$10 per day

Fishing Equipment: \$6

Canoes & Rowboats: \$8/30 min, \$12/1 hr

Cruiser Bikes: \$10/1 hr, \$15/ 2 hrs

\$25/1 hr for 4+ bikes, \$50/2 hrs for 4+ bikes

PRICES AS LISTED

Fire Pit: \$15 for 2 hours

(24 hours advance notice required to reserve)

Sunrise and Sunset SUP with Wild Path

Join Ash Bourgeois for SUP yoga on glassy water and experience FortWhyte outside of our regular hours. Early risers will enjoy breakfast on the beach following their session, and the evening classes can expect s'mores over the fire as the sun sets.

Sunset Sessions: Wednesdays, May 31 & July 19 8 pm

Sunrise Sessions: Wednesdays, June 28 (5:30 am) **& August 16** (6 am)

\$50, \$45 for FWA Members. Space is limited – visit fortwhyte.org to register

Kids Summer Craft

Create memories and more with our summer series of fun, nature-inspired kids crafts!

Saturdays, June 3 & 17, July 1 & 15, August 26 1 – 3 pm

FREE with regular admission, while supplies last

French Public Walk

Parlez-vous français? Explorer nos sentiers avec un interprète bilingue.

samedi 3 juin et 5 août 14h00

FREE with regular admission

Story Reading by the Fire with Marshmallows

Kids and parents are welcome to join us for a fireside story and treat to make your summer Sunday at FortWhyte a little more magical.

Sundays, June 4, July 9 & August 20 1–3 pm

FREE with regular admission, while supplies last

Paddling Night

Spend an evening on the water with WAVPaddling! Rent a canoe or kayak at our Adventure Site (2505 McGillivray). Register online up until 6:30 pm the night of paddling to participate.

Tuesdays & Thursdays, June 8 – August 31 6:30 – 8:30 pm

\$10/boat for 45 minutes of paddling. Pre-registration required, cash will not be accepted on site.

FortWhyte Science Club

The science of everything! For youth aged 9 to 16 years old. We will touch on biology, chemistry, physics, the environment, and much more.

Saturdays, June 10 & 24, July 8 & 22, August 5 10 am–noon, 1 – 3 pm (en français)

FREE with regular admission

Family Photo Challenge

“What should we do at FortWhyte on a beautiful summer day?” Everything! Participate in a photo challenge, taking pictures at each stop.

Saturday, June 10 & Sunday, July 16 10 am – 4 pm
FREE with regular admission

Farm Q&A: Rabbits

Learn all about our pastured rabbit operation and sustainability at FortWhyte Farms.

Saturday, June 10 11 am–3 pm

FREE with regular admission

The New Eco Adventure

Get ready for a true adventure! Travel by foot, bike and boat, and use your orienteering skills to navigate to checkpoints. There is no set running or cycling route for this year's race, racers will receive race maps with set checkpoints marked 30 minutes before the race start. Wrap up your race day with smokies and s'mores over the fire, free for participants.

Sunday, June 11 9 am

\$50 per racer (regardless of team size). Visit fortwhyte.org/ecoadventure for more information and to register.

The Great Trail Celebration

Join us to celebrate the completion of the TransCanada Trail within Manitoba. We're marking the occasion with a presentation, live entertainment, and more!

Sunday, June 11 noon

FREE with regular admission

Biodiversity Bonanza

Help us celebrate biodiversity through a day devoted to citizen science, learning and FUN! Join us for citizen science activities as we identify and count species within certain ecosystems, kids exploration activities through the wetland, forest and grassland, and indoor and outdoor crafts to get us thinking about biodiversity!

Saturday, June 17 10 am – 3 pm

FREE with regular admission

Father's Day

Celebrate Dad with a day of adventure! Join us for free fishing (all day), paddling in a voyageur canoe, and spear-throwing with atl atls.

Sunday, June 18 1 – 3 pm

FREE with regular admission. Fishing fee will be waived, but equipment rental fees still apply.

Bison Safaris

Venture inside our bison prairie for an up-close encounter you've got to see to believe. See North America's largest land mammal from just metres away, interacting in their natural habitat. Go on an adventure into our prairie past this summer and leave knowing more about how bison have shaped Canada's history.

June & September – Every Thursday 1:30 pm

July & August – Wednesday to Saturday 1:30 pm

Canada Summer Games Evening Safaris – Tuesday & Thursday, August 1 & 3 6:30 pm 

\$16 for adults, 25% discount for Members, \$8 for kids under 12 (must be accompanied by an adult).

Book your tour online at fortwhyte.org/bisonsafaris



A Prairie Legacy: The Bison And Its People

A Canadian Tourism Signature Experience

Discover how the bison influenced the history of Manitoba and the lives of the people of the prairies. Experience a close-up encounter with North America's largest urban bison herd – then, test your skills as you power a mighty Voyageur canoe. Explore a Plains Cree Tipi, step inside a one-room pioneer sod house, and savour wild bush tea and bannock over a campfire.

Tours available July 4, 17, 27 & 31, August 14 & 28 12:30 - 3:30 pm

\$40/person. Book your tour by visiting fortwhyte.org/prairielegacy



Father's Day BBQ Lunch

Enjoy lunch with Dad on the Interpretive Centre deck.

Sunday, June 18 11 am – 3 pm

\$17, \$10 for kids under 10, FREE for kids under 2 years
Call (204) 989-8355 x 215 to reserve

National Aboriginal Day

Celebrate the culture and contributions of the First Nations, Inuit and Metis people of Canada! Join us for guided historical walks at 3 & 4 pm.

Wednesday, June 21 3 & 4 pm

FREE with regular admission

Lakeside Live – CMU Concert Series

Join us this summer for live music lakeside on a weeknight evening. CMU faculty and students will perform a different themed musical evening in June, July, and August.

Wednesday, June 21 7 pm

Tuesday, August 15 7 pm

\$12, \$10 for Members. Tickets and info on performances online at fortwhyte.org/lakesidelive.

Bike to Work Day

Drop by FortWhyte's Bike to Work Day pit stop for a snack, a tune-up and a chance to win a prize! Visit bikeweekwinnipeg.com for pit stop locations and great Bike Week events.

Friday, June 23 6:30 – 9 am

FREE! Pitstop located along Sterling Lyon Parkway

Guided Bike Ride

Enjoy a guided leisurely ride through our beautiful trails with one of our bike captains. Bring your own wheels or rent ours.

Friday, June 23 1 pm

FREE with regular admission – bikes rentals available from the front desk.

Family Orienteering Adventure

Grab an orienteering sheet and try your hand at navigating using landmarks! Complete the course, figure out the secret word, and win a prize.

Saturdays, June 24 & July 22

Sunday, August 27 10 am – 4:30 pm

FREE with regular admission

Scavenger Hunt

Explore the fascinating natural world with the help of a scavenger hunt sheet to see how many wonders you can find!

Saturday, June 24 & Sunday, July 23 All Day

FREE with regular admission

Wild Edibles

Join Barret Miller on a guided walk and learn all about local plants. This beginner foraging workshop will teach you how to identify, harvest and prepare wild foods. Come to all three sessions and see the edibles change through the season.

Tuesdays, June 27, July 25, August 29

6:30 – 8 pm

\$15, \$12 for Members

Canada Day

Celebrate Canada's 150 with guided bison hikes, a craft and a ride in the Voyageur canoe.

Saturday, July 1 12 – 3 pm

FREE with regular admission

Grandparents & Me

Spend an afternoon learning about the importance of Manitoba's natural habitats while enjoying activities, games and crafts. We encourage this special opportunity for grandchildren and grandparents but all families are welcome.

Wednesdays in July and August 2:30 pm

\$15/family, Members: \$11.25/family

Alive Adventures

Check out our series of unique wilderness experiences, convenient and close to home. Try your hand at some FortWhyte favourites – hatchet throwing, paddling, and much more.

Wednesdays, July 5, August 2 & 9 7 pm

\$15, \$10 for Members

Fit 4 Two Stroller Fitness

Get a full body workout while attending to your baby's needs. Each outdoor class includes power walking, functional strength training and cardio drills followed by postnatal core work and flexibility.

Thursdays, July 6 – August 24 10 – 11:30 am

\$110/8 classes or \$15 drop-in
Members: \$100/8 classes or \$14 drop-in

Voyageur Canoe Rides

Power our mighty Voyageur canoe on a journey across the lake.

Saturday, July 8 1 – 3 pm

FREE with regular admission

Farm Q&A: Chickens

Visit our free-range laying hens and learn about our five heritage breeds and their unique qualities.

Saturday, July 8 11 am – 3 pm

FREE with regular admission

JULY

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Regular Weekly Activities

GUIDED BUGGY TOURS

See FortWhyte Alive in comfort and style on an interpretive buggy tour. Great for those with limited mobility.

Mondays & Fridays, July – August

1:30 pm – 2:30 pm (excluding holidays)

\$5 (first-come, first-served-space is limited)

LEISURE WALK FOR OLDER ADULTS

Join the group for conversation and casual exercise every Thursday this summer.

Thursdays this Summer 10 – 11 am

FREE with regular admission

FAMILY NATURE HIKE

Explore themes such as bugs, birds or bison on these family-friendly guided walks through FortWhyte Alive. Expect fresh air, hands-on learning and FUN!

Fridays in July & August 11 am – 12 pm

FREE with regular admission

NORDIC WALKING

Nordic walking is a social, low-impact physical activity that builds endurance and cardio health. Join the group!

Every Saturday 10 – 11:30 am

FREE with regular admission

SOD HOUSE PIONEERS

Take a step into the past with our pioneers at the sod house.

Every Sunday 12 – 4 pm

FREE with regular admission

GUIDED 2 O'CLOCK WALK

Learn about FWA with one of our volunteer interpreters.

First Sunday of every Month 2 pm

FREE with regular admission



AUGUST

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Stay in Touch!

Visit fortwhyte.org/events for our online calendar

Sign up for email updates at fortwhyte.org

Follow us on social media for updates on our latest events

   /FORTWHYTEALIVE



Canada Summer Games at FortWhyte Alive!

FortWhyte Alive's Bison Butte Mountain Bike Course will host the Mountain Biking competitions at the 2017 Canada Summer Games.

Visit 2017canadagames.ca for the schedule of events, along with information on how you can attend.

Look for the Canada Summer Games logo for special programming taking place at FWA during the games!



Teaching Tuesday Workshops at FortWhyte Farms

\$25, \$22 for Members. Full workshop details and registration online at fortwhyte.org/events.

Sausage Making – Tuesday, July 4 6 – 8 pm

Learn the art of making sausages by hand.

Perogy Making – Tuesday, July 11 6 – 8 pm

Release your inner Baba! One dozen perogies are yours to take home after this session.

Cheese Making – Tuesday, July 18 6 – 8 pm

Mozzarella, ricotta, goat-cheese feta... need we say more?

Pie Making – Tuesday, July 25 6 – 8 pm

Learn the traditional ways to get a flaky crust using 100% local ingredients.

Pressure Canning – Tuesday, August 1 6 – 8 pm

Save freezer space and use a pressure canner to save the season's harvest.

The Honey Harvest – Tuesday, August 8 6 – 8 pm

Learn all about bees, along with our extraction techniques. Taste honey fresh from the comb!

Essential Oils – Tuesday, August 15 6 – 8 pm

Learn new ways of infusing food and summer bevies with flavour and bouquet using essential oils with Hollow Reed Holistic.

Canning Salsa – Tuesday, August 22 6 – 8 pm

Our own junior granny will share her sizzlin' salsa recipe for a surefire win at the next party you attend.

Fermented Hot Sauce – Tuesday, August 29 6 – 8 pm

Pickle a pepper and make your own personalized fermented hot sauce guided by the fizzy fermenting folks of Edible Alchemy.

Family Orienteering

Grab an orienteering sheet and try your hand at navigating using landmarks on our course!

Friday, July 28 All Day

Sundays, July 30, August 6 & 13 All Day

FREE with regular admission

Canada Games Family Photo Hunt

"What should we do at FortWhyte on a beautiful summer day?" Everything! Take part in a photo challenge, snapping pics at each stop.

Saturdays, July 29, August 5 & 12 All Day

FREE with regular admission

Target Circuit –

Atl Atl, Archery & Hatchet Throwing

Test your mettle on a circuit of throwable weapons!

Saturdays, July 29, August 5 & 12 1 – 3 pm

\$5 per person

Guided Bike Rides to Bison Butte

Guided Bike Rides out to Bison Butte to see the women's and men's mountain biking finals.

Sunday, July 30 11:30 am & 2:00 pm

Tuesday, August 1 9:30 am & 11:30 am

Thursday, August 3 12 pm

FREE with regular admission. Bike rentals available on site.

Voyageur Canoe Cookout

Power our mighty Voyageur canoe on a journey across the lake. Afterwards, roast up bannock by the fire.

Sundays, July 30, August 6 & 13 1 – 3 pm

Friday, August 4 1 – 3 pm

\$5 per person

Loly Lookout Cookout

Venture over to Loly Lookout and enjoy roasting marshmallows while playing lawn games!

Mondays, July 31 & August 7 5:30 – 7:30 pm

Thursday, August 3 1 – 3 pm

Wednesday, August 9 1 – 3 pm

Friday, August 11 1 – 3 pm

FREE with regular admission

Guided Dipnetting

See what you can find in the marsh and have an up-close look at your catch through our microscope!

Mondays, July 31 & August 7 1 – 3 pm

FREE with regular admission

Bison Walk

Enjoy a guided walk on the Storied People's Trail where you will learn all about bison, past and present. Learn historic hunting strategies and test your atl atl skills!

Tuesday, August 8 11 am – noon, 1 – 2 pm

FREE with regular admission

Tea in the Garden

Join us for a delightful afternoon surrounded by flowers and butterflies in the Biodiversity Garden! Discuss gardening with FortWhyte's interpreters as you enjoy specialty teas, fair trade coffee, and a light snack of scones and dainties from the café.

Tuesday, August 8 2 – 4 pm

\$15, FortWhyte Alive Members: 25% off. Register by calling (204) 989-8355.

Canada Games Kids' Craft

Join us for some extra-special Canada Games fun as we craft the afternoon away!

Thursday, August 10 1 – 3 pm

FREE with regular admission

Farm Q&A: Greenhouse

Check out our passive solar, cold climate greenhouse that incorporates sustainable design.

Saturday, August 12 11 am – 3 pm

FREE with admission

Birding and Breakfast

Our experienced birding guides lead a sunrise hike for beginners and experts alike. Afterwards, compare checklists over a delicious breakfast in the Buffalo Stone Café.

Wednesdays, August 23 – September 13 7 am

\$17, \$13 for Members. Includes breakfast (pre-registration is required). \$8 drop-in fee, breakfast not included. Register by phone at (204) 989-8355.